

The logo features a stylized blue figure with arms raised, resembling a person or a dove, positioned above the number '40'.

# 40 DAYS FOR LIFE™

## DO'S & DON'TS

### WHAT TO BRING:

Water  
Sunscreen, hat, comfortable shoes  
Warm clothing (err on the warm side)  
Umbrella (for sun or rain)  
Prayerbook or Bible

### DO:

- Carpool if possible. Parking can be a challenge. Do not park in private parking lots or your car may be towed at your expense. Limited street parking is available.
- Sign in when you get to the site. The sign-in book will be in the plastic box either on the sidewalk or on the back porch of the Focus Pregnancy Help Center – 135 University Ave.
- Feel free to share the literature contained in the plastic box with any of the women entering or leaving Planned Parenthood.
- Seek shelter (car, store, etc.) in case of rain or storm. Stay safe.
- Be sure 2 or more people are present at all times for safety.
- If anyone asks what you are doing, simply tell them you are praying for an end to abortion.

### DO NOT:

- Do not block the sidewalk either with objects or people. If a large group is present for the prayer vigil, a path must be kept open for pedestrians to pass.
- Do not stand or walk between the yellow lines on the sidewalk.
- Do not use signs with graphic images of aborted babies or inflammatory language.
- Do not leave any materials (signs, literature containers) unattended on the sidewalk. If no one shows up to relieve you, please return these items to the back porch of the Focus Pregnancy Help Center.

### GUIDELINES FOR PRO-LIFE PRESENCE AT ABORTION SITES

Your presence at an abortion facility is an important affirmation of LIFE, exercise of your Constitutional right to free speech and witness against the tragedy of abortion. These guidelines are offered to increase the effectiveness of our efforts.

- All public witnessing (praying, sidewalk counseling, etc.) at these sites **MUST BE PEACEFUL**. This is legal nonviolent direct action. Public witnessing is a form of communication – a statement to patients as well as passersby on behalf of all the victims of abortion. **BE AWARE** of what you say and do - you're the voice and picture of “pro-life” to those who see and hear you!
- Babies are dying at the hands of abortionists and their staff. The baby's mother and family will never be the same. Treat the site with appropriate solemnity. Eating, drinking, loud talking and laughter are out of place.
  - Stay with a partner.
  - Carry a cell phone.
  - Hold signs so they can be read – toward roadway traffic or to people entering/leaving site.
- Sidewalks are public property. Stay on sidewalks. Do not go on the facility's property, driveway or parking lot.
- Respond to hecklers gently or not at all. Don't end conversations with abortion advocates by saying something negative – let a life-affirming comment ring in their ears!
- Be considerate of other pro-lifers at the site. Praying or Bible reading should be done without disturbing other pro-lifers and without discouraging those of other faiths from joining.
- If anyone is disrespectful to you, just ignore it or say a prayer for them. People may also shout out support for you - pray for them too. In case of trouble by abortion advocates, call the police right away.
- Ask witnesses to make notes immediately (details are quickly forgotten) and take pictures if possible.
- It is difficult to assess the “success” of pro-life witness at abortionists' sites, but it is critical in keeping the plight of the unborn on the public agenda. Such pro-life witness is seen by those contemplating abortion, those who know someone with an untimely pregnancy, and those hurt by a past abortion decision (and vulnerable for another). We stand as the voices for those who cannot cry out for help! **If you witness a woman changing her mind about having an abortion, please report this to the campaign coordinator: Rick Paoletti ph 489-9555 or the email address below.**

For more information:

[www.40daysforlife.com/rochester](http://www.40daysforlife.com/rochester)

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