



40 DAYS FOR LIFE™ Day:

Coordinator

SHIFT 1

SHIFT 2

SHIFT 3

		Name	Mobile #	Email
MIDNIGHT – 4:00 AM	Shift Leader			
	1	12 am		
		12 am		
		12 am		
	2	1 am		
		1 am		
		1 am		
	3	2 am		
		2 am		
		2 am		
	4	3 am		
		3 am		
		3 am		

		Name	Mobile #	Email
4:00 AM – 8:00 AM	Shift Leader			
	1	4 am		
		4 am		
		4 am		
	2	5 am		
		5 am		
		5 am		
	3	6 am		
		6 am		
		6 am		
	4	7 am		
		7 am		
		7 am		

		Name	Mobile #	Email
8:00 AM – NOON	Shift Leader			
	1	8 am		
		8 am		
		8 am		
	2	9 am		
		9 am		
		9 am		
	3	10 am		
		10 am		
		10 am		
	4	11 am		
		11 am		
		11 am		



40 DAYS FOR LIFE™ Day:

Coordinator

SHIFT 4

SHIFT 5

SHIFT 6

		Name	Mobile #	Email
Noon – 4:00 PM	Shift Leader			
	1	12 pm		
		12 pm		
		12 pm		
	2	1 pm		
		1 pm		
		1 pm		
	3	2 pm		
		2 pm		
		2 pm		
	4	3 pm		
		3 pm		
		3 pm		

4:00 PM – 8:00 PM	Shift Leader			
	1	4 pm		
		4 pm		
		4 pm		
	2	5 pm		
		5 pm		
		5 pm		
	3	6 pm		
		6 pm		
		6 pm		
	4	7 pm		
		7 pm		
		7 pm		

8:00 PM – MIDNIGHT	Shift Leader			
	1	8 pm		
		8 pm		
		8 pm		
	2	9 pm		
		9 pm		
		9 pm		
	3	10 pm		
		10 pm		
		10 pm		
	4	11 pm		
		11 pm		
		11 pm		