

*Local Resources for help with your pregnancy & more!*

**Hope Medical of Washington**

**www.hopemedicalwa.com**

Open Mon Tues & Thurs 9-4; Weds & Fri 11-6

**509-396-7737**

email: hope@hopemedicalwa.com

FREE pregnancy testing, ultrasound, & empowered decision-making  
7500 W. Arrowhead  
Kennewick, WA 99336

**24 hour helpline: 1-800-712-4357**

**You Medical**

*formerly Tri-Cities Pregnancy Network*

**www.youmedical.org**

*Text: Helpline to 313131*

Pasco Center

817 N. 14<sup>th</sup> St.

**509-544-9329**

Open Mon-Thurs, 10:00 AM -4PM

Kennewick Center

5040 W. Clearwater Ave.

**509-491-1101**

Open MTW 10AM-4PM; Th 10-8; Fri 10-1

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**Catholic Family & Child Services**

Maternity Services/Prepares for Life

se habla español

Pasco: 509-545-6145

Richland: 509-946-4645

cfcstricities.org

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**LDS Family Services**

Pregnancy Counseling 509-735-8406

**Birthright: [www.birthright.org](http://www.birthright.org)**

609 Birch St. Walla Walla WA 99362

Local phone: 509-529-8678

420 S 7th St, Sunnyside, WA 98944

Local phone: (509) 839-3049

Birthright helpline: 800-550-4900

DID YOU KNOW you can connect to local assistance agencies by calling Washington Information Network at 2-1-1 or online at: <http://win211.org>

**Online Help & Resource Listing:**

[www.lifecall.org/cpc/wa.html](http://www.lifecall.org/cpc/wa.html)

**Local Resources for healing after abortion:**

*Healing the wounds of abortion:*

**The Healing Light Retreat**

HLRetreat.weebly.com

Nancy Murray 509-554-9415

healinglightretreats@gmail.com

*Or contact Hope Medical or You Medical (see opposite page) for more local options.*

**Online resources for healing after abortion:**

[www.ramahinternational.org](http://www.ramahinternational.org)

[www.abortionrecovery.org](http://www.abortionrecovery.org)

[www.abortionchangesyou.com](http://www.abortionchangesyou.com)

*National resources for abortion healing:*

**Rachel's Vineyard Retreats**

[www.rachelsvineyard.org](http://www.rachelsvineyard.org)

**Rachel's Vineyard** weekend retreats offer a beautiful opportunity for healing to any woman or man who has struggled with the emotional or spiritual pain of an abortion.

The retreat is a chance to get away from the daily pressures of work and family, to focus on a painful time in life, and to begin healing through a supportive and non-judgmental process.

**Auburn & Seabeck, Washington**

Contact: Valerie Jacobs 800-822-HOPE

valeriepr@aol.com

or Marisela (Español) 206-450-7814

**Eugene & Medford, Oregon**

Contact: Lori Eckstine 541-942-2861

ProjectAurora@aol.com

**Portland & Bend, Oregon**

Contact: 800-249-8074

projectrachel@CatholicCharitiesOregon.org

**Spokane, Washington**

Contact: Julie Olsen 509-994-4355

spokanerv@gmail.com

**Project Rachel**

<http://hopeafterabortion.com/>

<http://esperanzaposaborto.org/>

## *Safe Place for Newborns*

### *Are you hiding your pregnancy?*

Don't panic; Washington state law says you can leave your unharmed newborn, up to 3 days old, with an employee of any hospital or manned fire station. Tell the employee you want to leave your baby with Safe Place for Newborns.

No questions asked.

[www.safeplacefornewbornswa.org](http://www.safeplacefornewbornswa.org)

**24/7 Crisis Line: 1- 877-440-2229**

## *Natural Family Planning*

Three Rivers FertilityCare Center

Features NaProTECHNOLOGY®

Kennewick Office

### **Hope Medical of WA**

Classes every first Thursday, 6:30-7:30 PM

Register for a free introductory class at:

[www.hopemedicalwa.com/natural-family-planning](http://www.hopemedicalwa.com/natural-family-planning)

*For those who work in abortion clinics – hope, help, healing.*

*And then there were none....*

**Contact: [www.abortionworker.com](http://www.abortionworker.com)**

You didn't grow up wanting to work in an abortion clinic... You deserve better than this. We can help. Financial, legal, spiritual, and emotional support as you transition out of the abortion industry.

Founded by former Planned Parenthood Director, Abby Johnson. *Free and confidential.*

[www.attwn.org](http://www.attwn.org)

## *Abortion Pill Reversal*

is possible if you act right away!

[www.abortionpillreversal.com](http://www.abortionpillreversal.com)

**Call right away! 877-558-0333**

It may not be too late. If you have taken mifepristone (RU486) and now wish you could make a different decision, please call us right away at **877-558-0333**. A nurse will take your call 24 hours a day, 7 days a week, and will attempt to connect you with a doctor in your area who can help you. There is a process for reversing the abortion pill, but time is essential! Call us right away, so we can talk with you and find you help.

We know that an unplanned pregnancy can be scary and many women make decisions when they are terrified and stressed. We know that after some time thinking about it, many women would like to change their minds and think they can't.

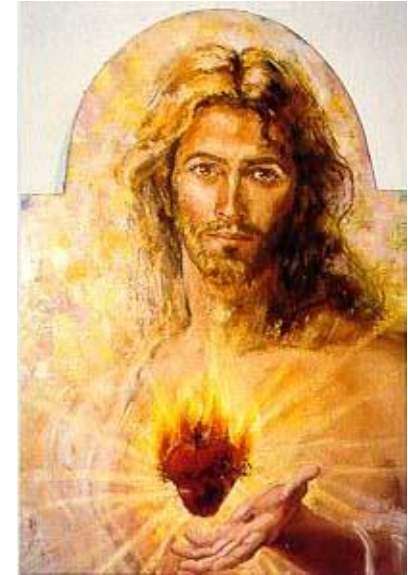
But you can. Call NOW and talk with one of our nurses who can tell you what steps to take to start reversing the effects of the abortion pill.

*Abortion is not the answer.*



**Life is precious.  
Treasure it.**

*In Ramah is heard the sound of moaning, of bitter weeping! Rachel mourns her children; she refuses to be consoled, because her children are no more. Jer 31:15*



***Alternatives to Abortion***  
*Tri-Cities Resource Guide for  
Pregnancy Help & More!*

Don't turn to the  
false solution of abortion:  
seek help with your pregnancy.

*You are...  
chosen as a mother;  
loved as a child;  
never alone.  
Be not afraid.*

**TRUST IN GOD'S LOVE FOR  
YOU AND YOUR CHILD**

September 2017