

Local Resources for help with your pregnancy & more!

Hope Medical of Washington

www.hopemedicalwa.com

Open Mon Tues, Thurs & Fri 9-4; Weds 11-6

509-396-7737

email: hope@hopemedicalwa.com

FREE pregnancy testing & ultrasound
Low cost STI tests & treatment for women
7500 W. Arrowhead
Kennewick, WA 99336

24 hour helpline: 1-800-712-4357

You Medical

formerly Tri-Cities Pregnancy Network

www.youmedical.org

Text: Helpline to 313131

Pasco Center

817 N. 14th St.

509-544-9329

Open Mon-Thurs, 10:00 AM -4PM

Kennewick Center

5040 W. Clearwater Ave.

509-491-1101

Open MTW 10AM-4PM; Th 10-8; Fri 10-1

Catholic Family & Child Services

Maternity Services/Prepares for Life

se habla español

Pasco: 509-545-6145

Richland: 509-946-4645

CatholicCharitiesCW.org

LDS Family Services

Pregnancy Counseling 509-735-8406

Birthright: www.birthright.org

609 Birch St. Walla Walla WA 99362

Local phone: 509-529-8678

420 S 7th St, Sunnyside, WA 98944

Local phone: (509) 839-3049

Birthright helpline: 800-550-4900

DID YOU KNOW you can connect to
local assistance agencies by calling
Washington Information Network at 2-1-1
or online at: <http://win211.org>

Online Help & Resource Listing:

www.lifecall.org/cpc/wa.html

**Local Resources for healing
after abortion:**

Healing the wounds of abortion:

The Healing Light Retreat

HLRetreat.weebly.com

Nancy Murray 509-554-9415

nmmurray@gmail.com

*Or contact Hope Medical or You Medical
(see opposite page) for more local options.*

**Online resources for healing
after abortion:**

www.ramahinternational.org

www.abortionrecovery.org

www.abortionchangesyou.com

**National resources for
abortion healing:**

Rachel's Vineyard Retreats

www.rachelsvineyard.org

Rachel's Vineyard weekend retreats offer
a beautiful opportunity for healing to any
woman or man who has struggled with the
emotional or spiritual pain of an abortion.

The retreat is a chance to get away from the
daily pressures of work and family, to focus
on a painful time in life, and to begin healing
through a supportive and non-judgmental process.

Auburn & Seabeck, Washington

Contact: Valerie Jacobs 800-822-HOPE

valeriepr@aol.com

or (Español) 206-450-7814

Eugene & Medford, Oregon

Contact: Lori Eckstine 541-942-2861

ProjectAurora@aol.com

Portland, Oregon

Contact: 800-249-8074

projectrachel@CatholicCharitiesOregon.org

Spokane, Washington

Contact: Julie Olsen 509-994-4355

spokanerv@gmail.com

Project Rachel

<http://hopeafterabortion.com/>

<http://esperanzaposaborto.org/>

Safe Place for Newborns

Are you hiding your pregnancy?

Don't panic; Washington state law say you can leave your unharmed newborn, up to 3 days old, with an employee of any hospital or manned fire station. Tell the employee you want to leave your baby with Safe Place for Newborns.

No questions asked.

Visit www.optionline.org or
www.nationalsafehavenalliance.org
24/7 Crisis Line: 1- 877-440-2229

Natural Family Planning

Columbia Basin Fertility *Care Services*
Features NaProTECHNOLOGY®
Christine.Disselkamp@gmail.com
www.christinedisselkam.wixsite.com/cbfcs
(or just google the center name.)
Register for a free introductory class at
www.hopemedicalwa.com/natural-family-planning

For those who work in abortion clinics – hope, help, healing.

And then there were none....

www.abortionworker.com

You didn't grow up wanting to work in an abortion clinic... You deserve better than this. We can help. Financial, legal, spiritual, and emotional support as you transition out of the abortion industry.

Founded by former Planned Parenthood Director, Abby Johnson. *Free and confidential.*

Abortion Pill Reversal

is possible if you act right away!

www.abortionpillreversal.com

Call right away! 877-558-0333

It may not be too late. If you have taken mifepristone (RU486) and now wish you could make a different decision, please call us right away at **877-558-0333**. A nurse will take your call 24 hours a day, 7 days a week, and will attempt to connect you with a doctor in your area who can help you. There is a process for reversing the abortion pill, but time is essential! Call us right away, so we can talk with you and find you help.

We know that an unplanned pregnancy can be scary and many women make decisions when they are terrified and stressed. We know that after some time thinking about it, many women would like to change their minds and think they can't.

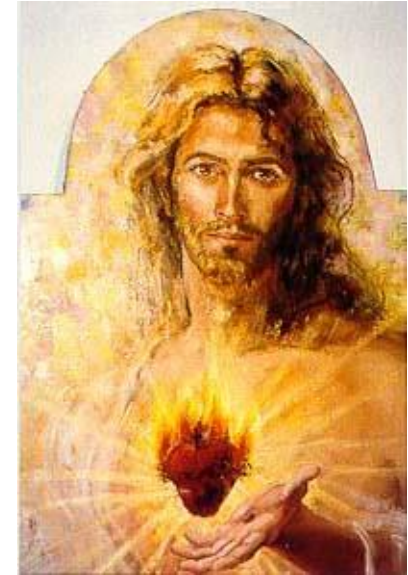
But you can. Call NOW and talk with one of our nurses who can tell you what steps to take to start reversing the effects of the abortion pill.

Abortion is not the answer.



**Life is precious.
Treasure it.**

In Ramah is heard the sound of moaning, of bitter weeping! Rachel mourns her children; she refuses to be consoled, because her children are no more. Jer 31:15



***Alternatives to Abortion
Tri-Cities Resource Guide for
Pregnancy Help & More!***

Don't turn to the false solution of abortion: seek help with your pregnancy.

*You are...
chosen as a mother;
loved as a child;
never alone.
Be not afraid.*

**TRUST IN GOD'S LOVE FOR
YOU AND YOUR CHILD**

February 2018