

Facts you should know about abortion

- **1.2 million children are aborted in the U.S. each year** -- over 7500 children are aborted in Northern Virginia alone.
- **Physical risks from abortion:** severe pain, hemorrhage, infection, puncture of uterus or intestines, retained baby body parts, infertility, anesthesia complications, and death.
- **Abortion can cause emotional problems:** depression, grief, feelings of helplessness, guilt, anxiety, self-destructive tendencies, sexual dysfunction, and difficulty with relationships.
- **An unborn baby is a unique human being,** not a “tissue mass.” From the moment of conception, the baby has a genetic structure (DNA) that is different from the mother’s.
- **An unborn baby’s heart starts beating 3 weeks after conception** – before most women realize they are pregnant.
- **At 7 weeks the baby responds to physical stimulus** and can be seen moving during an ultrasound. Brain waves can be detected.
- **Anesthesia is rarely used** on a baby during an abortion, even though the baby’s limbs are pulled off and its body sucked out.

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Women deserve better than abortion

There are wiser choices

- **Free, caring help is available** for mother and baby before and after birth (see other side).
- More than 2 million couples are waiting to adopt a child (see other side).

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Hurt after abortion?

Call 888-456-HOPE www.helpafterabortion.org

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Pregnancy help
Free, confidential, caring

Alexandria, VA

Marih Center 703-370-4774
3230-B Duke St.
www.marih.com

Nova Pregnancy Help Center 703-780-4700
8800-E Pear Tree Village Ct.
www.novapregnancy.org

Annandale, VA

Metro Women's Care 703-354-7272
5101-D Backlick Rd.
www.metrowomensva.com

Arlington, VA

Gabriel Project 703-841-3810 or 1-866-444-3553
200 N. Glebe Rd., Suite 814
www.helpforpregnantwomen.org

Fairfax, VA

Nova Pregnancy Help Center 703-278-5433
10380 Democracy Lane
www.novapregnancy.org

Falls Church, VA

A Woman's Choice 703-538-4305
6201 Leesburg Pike, Suite 220 (west entrance)
www.awomanschoicecenter.com

Hope in Northern Virginia 703-536-2020
610 Park Ave.
www.hopeinnova.org

Pro-life Obstetrician/Gynecologists

Tepeyac Family Center 703-273-9440
11135 Lee Hwy., Fairfax, VA

Adoption Information

Center for Adoption Services 703-425-0100
Lifetime Adoption Center 1-800-923-6784

Free Ultrasound

Fairfax 703-278-5433; Annandale 703-354-7272
A Best Choice Mobile Ultrasound 703-946-3077

24-Hour National Help Lines

1-800-848-LOVE (5683) 1-800-712-HELP (4357)

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