



**Support is available
if you or someone you love is
pregnant or has had an abortion.**

PREGNANCY TESTING

Pregnancy tests, counseling, material aid, abortion information, adoption & community service referrals.

Birthright of Manchester

307 Kelly Street, Room 103
Manchester, NH 03102
603-668-3443
www.birthright.org

Care Net Pregnancy Center

50 Bridge Street, Suite 307
Manchester, NH 03101-1699
603-623-1122
24 hour Helpline: 800-712-HELP (4357)
www.carenetnh.org

Pennacook Pregnancy Center

657B Chestnut St
Manchester, NH
M-F, 10 - 4 pm
Phone: 603-206-5306 • Text: 603-264-438

PRENATAL CARE

Comprehensive prenatal care to all women and their families regardless of their ability to pay.

Pregnancy Care Center - West Side Neighborhood Health Center

88 McGregor Street
Manchester, NH 03102
www.catholicmedicalcenter.org
M-F Appointment only 8:30 am to 4:00 pm

MATERNITY & ADOPTION

N. H. Catholic Charities

215 Myrtle Street
Manchester, NH 03104
www.nh-cc.org
M-F 8:30 am to 4:30 pm
603-669-3030 • 800-562-5249

Bethany of Candia

183 High Street. PO Box 320
Candia, NH 03034-0320
603.483.2886

PARENTING EDUCATION

Childbirth preparation, parenting skills and resources, vocational guidance.

Our Place

16 Oak Street
Manchester, NH 03104
M-F 8:30 am to 4:30 pm
603-647-2244
<http://www.nh-cc.org>

ABORTION PILL REVERSAL

Have you taken the first dose of RU486 or the "abortion pill"? Do you regret it and wish to reverse the effects of the pill? There is a process but time is essential! Call right away, so that we can talk with you and find you help.

24/7 HOTLINE: (877) 558-0333

POST ABORTION

Rachel's Vineyard Ministries

Toll-free: 1-877-HOPE-4-ME
www.HopeAfterAbortion.org
Project Rachel, the Catholic Church's ministry to those who have been involved in abortion. Counseling, retreats, reconciliation. Confidential & non-judgmental.

Care Net of Manchester

50 Bridge Street, Suite 307
Manchester, NH 03101-1699
603-623-1122
24 hour Helpline: 800-712-HELP (4357)
Post-abortion support group that meets weekly for a period of 8 to 16 weeks.

*You are not alone! Reach out to
these free & confidential resources*